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TITLE : HEALTH FOOD AND MEDICINE FORMULATED WITH PROCYANIDIN

ABSTRACT : PURPOSE: To obtain a health food which is suitable for candies, drops, tablets, chewing gum, capsules or drinks by using procyanidin B-1 having anti- inflammatory action and antiallergic action.

CONSTITUTION: This health food or antiallergic agent contains procyanidin B-1 which is a polymer of (+)-catechin or (-)-epicatechin, preferably in an amount of 0.01-0.5wt.% in the total amount of the food. The dose as an antiallergic agent is preferably 30-100mg/day/adult.

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